The Ressam Times

Ressam Gardens | 1041 West 5th St, Hamilton, ON | (289) 426-3074



Kentucky Derby May 4th

Cinco de Mayo May 5th

National Nurses Week May 6-12th

> **Mother's Day** May 12th

Victoria Day May 20th

Community Birthday Party May 22th

A Message from our General Manager

Dear beloved Residents and Families,

As the weather warms and flowers bloom, it is only fair that we also approach the special celebration of Mother's Day. During such a memorable time, here at Ressam Gardens we will reflect on the strength, compassion, and love that mothers and mother figures bring to our lives. I, personally, am privileged to have had the honor of calling the inspiring woman in my life "mom". The resilience and empathy a mother brings into a child's life is unmatched and I am forever grateful for the impact my own mother had on me. The entirety of Ressam Gardens began in honor of her and stands testament to the unconditional love and support she had shown her children during her life.

Let us continue to celebrate these special women and forever remember them for the patience and comfort they have bestowed into our lives. Happy Mother's Day!

General Manager



General Manager – Dr. Nafia Al-Mutawaly Clinical Director - Lismi Kallan Maintenance Manager – Husam Hameed Front Reception - Christine Radke





Victoria Day

Victoria Day honors Queen
Victoria's birthday and serves as a reflection of the country's history with the monarchy. This holiday marks the unofficial start of summer with parades, fireworks, and community gatherings. It's a time when Canadians come together to celebrate, enjoy outdoor activities, and appreciate the beauty of the season.

April Showers Bring May Flowers

As April showers gradually yield to the warmth of May, we eagerly anticipate the transformation of our surroundings as nature awakens from its slumber. The promise of sunnier days ahead fills us with hope and excitement! With each passing day, the air becomes fragrant with the scent of blossoms, and our community garden begins to burst with life. It's a time of renewal and growth, where the vibrant hues of petals and leaves paint a picture of beauty and vitality. As we embrace this season of change, let us revel in the joy of witnessing our garden flourish and take pride in the role we play in nurturing its growth.



RESSAM GARDENS



As Mother's Day approaches, hearts swell with gratitude and love for the remarkable women who have shaped our lives. From the cherished memories they've created to the endless lessons they've imparted, their influence knows no bounds.

Happy Mother's Day!

My Mother kept a garden, A garden of the heart. She planted all the good things That gave my life its start. She turned me to the sunshine And encouraged me to dream. Fostering and nurturing The seeds of self-esteem. And when the winds and rain came, She protected me enough. But not too much because she knew I'd need to stand up strong and tough. Her constant good example Always taught me right from wrong. *Markers for my pathway* That will last a lifetime long. I am my Mother's garden. I am her legacy. And I hope today she feels the love Reflected back from me.





-Unknown

Birthdays in May

Resident BirthdaysGepke - May 14th

Celebrity Birthdays
Glen Ford - May 1
Florence Nightengale - May 12
Rudolph Valentino - May 6





May Astrology

Those born between May 1–20 are
Bulls of Taurus. Bulls show a
steady persistence in both
professional and personal
endeavors. After working hard,
they like to reward themselves for
a job well done.

If you were born between May 21–31, you are a Twin of Gemini.
Geminis make communicative and lively companions. Intellectual and imaginative, they are the ones to sit near at a party.

